

Preparing for Suspension Checklist

Being suspended is challenging, and we hope that you will use your time away from UC San Diego to reflect on your academic and personal goals. Also know that this is not the end of your academic journey; we look forward to supporting you when you return to continue your education. You will get through this, and we are here to help you.

The following checklist has been created to help you prepare for your suspension in order to ensure the transition goes as smoothly as possible. Please read the checklist carefully to identify which steps apply to you and take action. There are numerous resources available to you during this process. Do not hesitate to reach out.

- Academic Advising:** All students facing a suspension should schedule an appointment with their college and/or major department academic advisor to discuss how the suspension will impact your academic goals, your options for taking coursework while on suspension, or your academic plan after your suspension:
Undergraduate: <http://vac.ucsd.edu>
Graduate: Specific Department Academic Advising

- International Students:** Your F-1 or J-1 visa status may be impacted. Meet with the International Students and Programs Office (ISPO) as soon as possible by visiting <https://iContact.ucsd.edu>. For more information regarding how suspensions may impact visa status, visit <https://ispo.ucsd.edu/advising/visa/current-returning-students/visa-status/maintaining-status/suspension-academic-disqualification.html>.

- Living in UC San Diego Housing:** You may not live on campus while you are suspended. Contact Housing Administrative Services and the Residence Life office of your living area to cancel your housing contract and make arrangements to move out prior to the start of your suspension: <https://hdhughousing.ucsd.edu/contact-us/index.html>. Off campus housing resources and information is available through the Basic Needs Hub: <https://basicneeds.ucsd.edu/housing-resources/su21-housing-resources/index.html>

- Student Health & Counseling:** Taking care of your physical and mental wellbeing is essential to your success. During your suspension, you will not have access to Student Health or CAPS. If you need assistance finding a provider outside of the university, contact:
Undergraduates: Your college Dean of Student Affairs:
<https://thecolleges.ucsd.edu/about/college-resources.html>
Graduate students: Assistant Dean April Bjornsen, abjornsen@ucsd.edu

Preparing for Suspension Checklist (cont'd)

- Financial Aid:** Make an appointment with the UC San Diego Financial Aid and Scholarships Office to inform them that you will be suspended and discuss your options: <https://fas.ucsd.edu/frequently-asked-questions/>

- Enrolling in Another Institution:** Many students opt to enroll in another institution during their suspension. Request your transcript here: <https://students.ucsd.edu/academics/exams-grades-transcripts/transcripts-verifications/request-transcript.html>

- Scholar-Athlete:** Contact your designated Athletics Academic Advisor (<https://ucsdtritons.com/sports/2020/6/28/academic-success-tutoring-resources.aspx>) to inform them of your situation. It is important to meet with them so they can walk you through any NCAA requirements and procedures to maintain your eligibility.